



We have free WiFi!
Network: byfords
Password: byfords247

3 - 2 - 1 SPECIAL
SERVED FROM 5PM.
EXCLUDES PLATTERS.

3 COURSES + DRINK £33*
2 COURSES + DRINK £29.50*
1 DRINK INCLUDED

1 GRAZING + 1 MAIN (INCLUDING PIZZA)
+ 1 DESSERT + 175ML PINOT GRIGIO / ZINFANDEL ROSE / TEMPRANILLO OR SCHOONER OF LAGER/CIDER/IPA/AMBER ALE OR A PEPSI, DIET PEPSI OR LEMONADE



*NO ADDITIONAL NORFOLK PASSPORT DISCOUNT

Grazing

We recommend 1-2 to start depending on your appetite or 3-4 for a main.

- Mixed antipasti, green & black olives, sun-dried tomatoes & balsamic pickled onions £5.25 | £4.73
Contains green olives, black olives, rosemary, sundried tomato, garlic, onion, balsamic vinegar
Allergens: Sulphites.
- A selection of homemade mini brioche served with butter, oil and balsamic £5.25 | £4.73
Contains flour, eggs, butter, yoghurt, yeast, salt, sugar, pomace oil, balsamic vinegar
Allergens: Gluten, eggs, milk, seeds, soya, sulphites.
- Calamari, harissa & lime mayo £5.50 | £4.95
Contains squid tubes, flour, salt, pepper, cayenne pepper, Cajun powder, rose harissa pate, lime, mayonnaise
Allergens: Gluten, fish, soya, fried in soy oil.
- Cod fish fingers, tartare sauce & lemon £5.50 | £4.95
Contains fresh cod, flour, lager, mayonnaise, capers, parsley, lemon, salt, pepper
Allergens: Gluten, fish, soya, fried in soy oil.
- Crispy beef, sweet chilli relish, spring onion & sesame £5.75 | £5.18
Contains beef, sweet chilli sauce, fresh chillies, spring onion, black sesame seeds, white sesame seeds, gluten-free flour, cornflour, cajun blackening spice, paprika
Allergens: Sesame, seeds, soya, fried in soy oil.
- Smoked mackerel pate, focaccia, cucumber & caperberry £5.50 | £4.95
Contains smoked mackerel, cream cheese, lemon, parsley, salt, pepper, flour, pomace oil, soy oil, rosemary, fresh yeast, cucumber, caperberry, vinegar
Allergens: Gluten, fish, milk, sulphites.
- Ham hock & parsley scotch egg, garlic mayo £5.50 | £4.95
Contains pork sausage meat (containing gluten) ham hock, caper, parsley, egg, flour, breadcrumbs, mayonnaise(containing mustard) parsley, garlic, salt, pepper
Allergens: Gluten, eggs, mustard, soya, fried in soy oil, sulphites.
- Homemade Labneh, olive oil, pistachios & oregano, toasted sour dough £5.50 | £4.95
Contains Greek yoghurt, olive oil, pistachios, oregano, flour
Allergens: Nuts, gluten, milk.
- Chargrilled chicken inasal skewers, banana ketchup, spring onion & chilli £5.75 | £5.18
Contains chicken, lemon, garlic, banana, tomato purée, white wine vinegar, cayenne pepper, brown sugar, spring onion, red chilli, lemongrass, ginger
Allergens: Sulphites.

NORFOLK PASSPORT
Secondary prices show the cost with a Norfolk Passport discount. For exclusive perks, sign up for free at norfolkpassport.com

Platters

Platter for 1 £12.00 | £10.80 **Platter for 2** £22.50 | £20.25
All served with toasted homemade focaccia & butter.

- Store platter**
Chorizo, parma ham, warm scotch egg, Binham Blue, Norfolk Dapple, antipasti.
Contains Binham Blue, Norfolk dapple, chorizo, Parma ham, black olives, green olives, balsamic vinegar, onion, sundried tomato, rosemary, garlic, flour, pomace oil, soy oil, rosemary, fresh yeast, Pork sausage meat (containing gluten) ham hock, caper, parsley, egg, flour, breadcrumbs, mayonnaise, parsley, garlic, salt, pepper
Allergens: Gluten, eggs, milk, mustard, soya, scotch egg fried in soy oil, sulphites.
- Seafood platter**
Crispy calamari, fish fingers, seafood cocktail, smoked mackerel pate, tartare sauce.
Contains fresh cod, flour, lager, mayonnaise, capers, parsley, lemon, salt, pepper, calamari, smoked salmon, king prawn, Smoked mackerel, cream cheese, salt, pepper, flour, pomace oil, soy oil, rosemary, fresh yeast, cucumber, caperberry, vinegar, mayonnaise, ketchup, garlic, cayenne pepper, cajun spice
Allergens: Gluten, eggs, fish, milk, soya, hot items fried in soy oil, sulphites.
- Cheese platter**
Norfolk Dapple, Binham Blue, Copys Cloud, celery, chutney, crackers, grapes.
Contains Norfolk Dapple, Binham Blue, brie, grapes, celery, apple & mint chutney (apple, mint, vinegar, sugar, raisins) crackers, focaccia, flour, yeast, pomace oil, soy oil, rosemary, salt
Allergens: Celery, gluten, milk, sulphites.

Sides

- Dressed house salad £4.25 | £3.83
Contains mixed leaves, carrot, tomato, cucumber, red onion, mustard, white wine vinegar, orange juice, honey, pomace oil
Allergens: Celery, mustard, soya, sulphites.
- Crispy red onion rings £4.25 | £3.83
Contains red onion, flour, lager, salt, pepper
Allergens: Gluten, soya.
- Spicy carrot slaw £4.25 | £3.83
Contains cabbage, carrot, red onion, mayonnaise, salt, pepper
Allergens: Eggs, mayonnaise may have traces of nuts and mustard.
- Skin-on fries £4.25 | £3.83
Contains skin-on potatoes, soy oil, salt
Allergens: Soya, fried in soy oil.
- Sweet potato fries £4.50 | £4.15
Contains sweet potatoes, soy oil, salt
Allergens: Soya, fried in soy oil.
- Honey roasted root vegetables £4.95 | £4.46
Contains parsnip, carrot, baby onion, honey, soy oil, salt, pepper, butter
Allergens: Milk, soya, (can be dairy free if required).



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Main Courses

Byfords house curry

Medium spiced curry, with basmati rice, naan bread, mango & pineapple chutney, raita.

Vegetable

Contains white rice, coconut cream, onion, red, green, and yellow pepper, courgette, flour, yoghurt, mixed herbs, yeast, egg, pineapple, cucumber, brown sugar, mint, cumin, coriander seed, turmeric, black pepper, ginger, garlic, cornflour, tinned tomatoes, salt, spinach

Allergens: Gluten in Naan, egg, milk.

Chicken

Contains white rice, coconut cream, onion, red/green/yellow pepper, courgette, flour, yoghurt, mixed herbs, yeast, egg, pineapple, cucumber, brown sugar, mint, cumin, coriander seed, turmeric, black pepper, ginger, garlic, cornflour, tinned tomatoes, salt, chicken

Allergens: Gluten in Naan, egg, milk.

King Prawn

Contains white rice, coconut cream, onion, red green & yellow pepper, courgette, flour, yoghurt, mixed herbs, yeast, egg, pineapple, cucumber, brown sugar, mint, cumin, coriander seed, turmeric, black pepper, ginger, garlic, cornflour, tinned tomatoes, salt, king prawns

Allergens: Crustacea, fish, gluten in Naan, egg, milk.

The Byfords salad plate

Creamy potato salad, marinated chargrilled vegetable & superfood salads, topped with your choice of either chargrilled chicken, roasted salmon fillet or marinated roasted halloumi.

Contains cous cous, sweet potato, lime, chilli, 5 bean salad, avocados, kale, quinoa, smoked paprika, pumpkin seed, sunflower seeds, white sesame seeds, spring onion, red onion, potato, chives, gherkins, mayonnaise, sour cream, mixed peppers, aubergine, courgette, basil, garlic, pinenuts, parmesan, sun-blushed tomatoes. Depending on topping: chicken, halloumi or salmon

Allergens: Celery, eggs, milk, mustard, sesame, sunflower seeds, sesame seeds, pumpkin seeds, soya, sulphites.

Chicken topping: Contains milk, dairy. Salmon topping: Contains fish, dairy.

Haloumi topping: Contains milk, dairy.

Slow-cooked brisket of beef

with smoked mashed potatoes, roasted root vegetables, wild mushroom & thyme gravy.

Contains beef brisket, onion, carrot, celery, leek, red wine, gravy mix, potato, cream, parsnip, baby onion, kale, swede, rosemary, thyme, garlic

Allergens: Milk, sulphites.

Norfolk Pinkfoot, wild mushroom & onion tart

Roasted heritage carrots, garlic spinach, creamed celeriac, hazelnut & roasted onion dressing

Contains gluten-free flour, butter, egg, parmesan, rosemary, Norfolk pinkfoot cheese, onion, wild mushrooms, heritage carrots, garlic, spinach, celeriac, hazelnut, baby onions, parsley, honey, pomace oil

Allergens: Milk, eggs, nuts, garnished with hazelnuts.

Roasted cod fillet

with coconut & red lentil dahl, triple onion pakora, curried mussel sauce and lemongrass oil.

Contains cod, red lentils, garlic, onion, coconut cream, cumin, curry spice, salt, pepper, white onion, red onion, spring onion, chives, chilli, gram flour, mussels, cumin, coriander seed, turmeric, black pepper, ginger, lemon grass pomace oil

Allergens: Fish, molluscs, sulphites.

Garlic & ginger roasted salmon

with sesame carrot & leeks, sticky rice, soy, honey & sesame dressing

Contains salmon, garlic, ginger, salt, pepper, carrot, leek, sesame oil, white and black sesame seeds, jasmine rice, coconut cream, soy sauce, honey, lime juice, toasted sesame oil, peashoots

Allergens: Soy, sesame, seeds, fish, gluten.

House linguine pasta

Linguine tossed through our slow-cooked tomato ragu, fresh herbs served with pesto croute, wild rocket and shaved parmesan, topped with your choice of roasted salmon, chargrilled chicken or fried marinated halloumi.

Contains tinned tomatoes, salt, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, linguine, rocket, parmesan, basil, parmesan, pinenut, pepper, flour, pomace oil, soy oil, rosemary, fresh yeast. Depending on topping, chicken, halloumi or salmon

Allergens: Gluten, nuts, pinenuts, seeds, milk, dairy.

Chicken topping: Contains milk, dairy. Salmon topping: Contains fish, dairy.

Haloumi topping: Contains milk, dairy.

Crispy pork belly

Smoked bacon, lentil & bean casserole, charred tenderstem, crispy crackling.

Contains Pork belly, celery, leek, carrot, onion, puy lentils, Red Kidney Beans, Black Bean Beans, Borlotti Beans, garlic, Cannellini Beans, Butter Beans, Sweetcorn, White Wine Vinegar, tenderstem broccoli

Allergens: Celery, sulphites.

Chicken & bacon pie

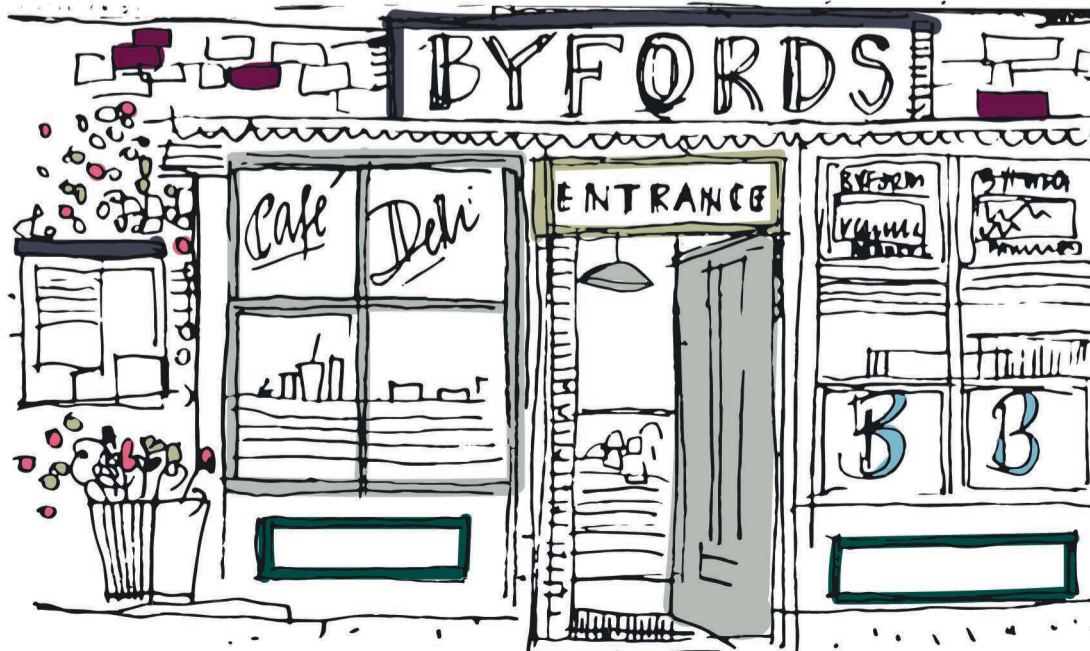
with roasted new potatoes, buttered greens, & proper gravy.

Contains gluten free flour, egg, milk, butter, chicken, bacon, potato, cream, kale, spinach, pak choi, salt, pepper, garlic

Allergens: Eggs, milk.

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Stone Baked Pizzas

Freshly made dough, baked in our stone based ovens.

Simple £13.00 | **£11.70**
Slow-cooked tomato ragu, mozzarella, cheddar cheese.

Contains bread flour, yeast, soy oil, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, mozzarella, cheddar

Allergens: Gluten, milk, sulphites.

Italian chicken £15.25 | **£13.73**
Chicken, parma ham, olives, spinach, mozzarella.

Contains bread flour, yeast, soy oil, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, mozzarella, cheddar, chicken, Parma ham, black olives, spinach

Allergens: Gluten, milk, sulphites.

Hot £15.25 | **£13.73**
Chorizo, shredded buffalo wings, fresh chillis, blue cheese dip.

Contains bread flour, yeast, soy oil, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, mozzarella, cheddar, blue cheese, yoghurt, mayonnaise, siracha, chorizo, pepperoni, red chilli, green chilli, chicken, hot sauce

Allergens: Gluten, milk, sulphites.

Farmhouse £15.25 | **£13.73**
Bacon, sausage, baked beans, black pudding, mushroom, mozzarella topped with a fried egg.

Contains bread flour, yeast, soy oil, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, mozzarella, cheddar, bacon, sausage, baked beans, black pudding, egg

Allergens: Gluten, eggs, milk, sulphites.

Goats cheese £15.25 | **£13.73**
Crumbled goats cheese, chargrilled med veg, rocket, onion marmalade, mozzarella, toasted pine nuts.

Contains bread flour, yeast, soy oil, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, mozzarella, cheddar, goat cheese, rocket, pinenuts, aubergine, courgette, red pepper, green pepper, yellow pepper, red onion, brown sugar

Allergens: Gluten, milk, sulphites, seeds, nuts (pinenuts).

Seafood £15.25 | **£13.73**
Smoked salmon, garlic King prawns, dill, herb crème fraiche.

Contains bread flour, yeast, soy oil, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, balsamic vinegar, mixed Italian herbs, mozzarella, cheddar, king prawns, smoked salmon, dill, crème fraiche, rocket

Allergens: Gluten, crustacea, fish, milk, molluscs.

Create Your Own Pizza

£13.00 | **£11.70** + Additional toppings

Take our simple pizza and add as many toppings from the list below to create your own pizza.

£1.50 | **£1.35 each**
Red peppers, red onions, spinach, mushrooms, sweetcorn, olives, feta, chillies, buffalo mozzarella.

£2.00 | **£1.80 each**
Prawns, chorizo, Parma ham, artichoke, sausage, bacon, chargrilled veg, chicken, meatballs.

Desserts

Coconut rice pudding £8.50 | **£7.65**
Poached rhubarb, shortbread biscuit.
Contains pudding rice, coconut milk, milk, sugar, rhubarb, orange, flour, butter
Allergens: Gluten, milk

Steamed lemon curd pudding £8.50 | **£7.65**
Vanilla gelato, candied lavender
Contains flour, butter, milk, egg, lemon, sugar, cream, milk, vanilla, lavender
Allergens: Gluten, eggs, milk

Chocolate caramel tart £8.50 | **£7.65**
Chantilly cream, chocolate tuile
Contains flour, butter, egg, sugar, dark chocolate, cream, vanilla, brown sugar
Allergens: Egg, gluten, milk, soy

Byfords cheesecakes £8.50 | **£7.65**
Toffee & pecan
Caramel gelato, candied pecans.
Contains cream cheese, digestive biscuit, butter, pecans, brown sugar, maple syrup, leaf gelatine, cream, milk
Allergens: Gluten, eggs, milk, nuts, pecan.

Double chocolate
Chocolate sauce, chocolate gelato
Contains cream cheese, digestive biscuit, butter, dark chocolate, cream, sugar, milk
Allergens: Gluten, eggs, milk.

Gelato by the Scoop
1 scoop £2.75 | **£2.48** 2 scoop £5.25 | **£4.73** 3 scoop £6.75 | **£6.08**
Vanilla, chocolate, strawberry, caramel, banana, bakewell, raspberry sorbet, orange sorbet, lemon sorbet.

Gelato sundaes £8.50 | **£7.65**
Byfords classic banoffee sundae
Banana, shortbread pieces, caramel & banana gelato, condensed toffee, whipped cream.
Contains banana, flour, sugar, butter, brown sugar, cream, milk, banana flavouring, caramel flavouring
Allergens: Gluten, milk.

Byfords mess
Blueberry compote, meringue pieces, whipped cream, vanilla gelato.
Contains egg, sugar, cream, milk, vanilla, blueberries, lemon, cornflour, vanilla
Allergens: Eggs, milk.

Chocolate brownie sundae
Chocolate brownie chunks, vanilla & chocolate gelato, chocolate sauce & lashings of whipped cream.
Contains cream, milk, dark chocolate, cocoa, gluten-free flour, egg, sugar, white chocolate
Allergens: Eggs, milk.

