

BYFORDS DAIRY FREE MENU

Here at Byfords we ensure we take the upmost care in producing dairy free dishes, however they are prepared in an area containing dairy products.

BREAKFAST & BRUNCH

Available 8am-11.30am and until 3pm on Sunday

Please note any scrambled egg will be cream, milk & butter free.

COOKED BREAKFAST: £12.50 ~~£11.25~~

Choice of regular tea, coffee, latte, cappuccino, mocha or hot chocolate (upgrade to large for £1), white or brown toast and one of the following:

BYFORDS

Fried, poached or scrambled egg, smoked back bacon, black pudding, sausage, slow roast tomato, mushrooms, Heinz beans and hash brown

VEGGIE

Fried, poached or scrambled egg, vegetarian sausages, slow roast tomato, mushrooms, Heinz beans, hash brown

Choice of regular tea, coffee, latte, cappuccino or hot chocolate (upgrade to large for £1), white or brown toast and one of following:

CLEY SMOKEHOUSE FISH AT BYFORDS:

NORFOLK KIPPERS, finest on the coast with slow roast tomato £12.50 ~~£11.25~~

EGGS BENEDICT Toasted muffin, our own roasted ham, spinach and poached eggs Small £4.75 ~~£4.27~~ Large £9.25 ~~£8.32~~

EGGS ARLINGTON Toasted muffin, smoked salmon, spinach and poached eggs Small £4.75 ~~£4.27~~ Large £9.25 ~~£8.32~~

SMASHED AVOCADO, with chilli, on your choice of toast with either poached or scrambled egg £9.50 ~~£8.55~~

BACON, SAUSAGE OR BOTH, white bread sandwich £6.95 ~~£6.25~~

Breakfast Pizza *A Byfords classic!* £12.75 ~~£11.47~~

Authentic thin crust pizza, tomato sauce, sausage, bacon, free range egg, mushrooms, finished with dairy free cheese

SANDWICHES All served with seasoned fries

BYFORDS DAIRY FREE CHEESESTEAK: Toasted white bread, thinly sliced roasted beef, roasted red peppers, red onions, dairy free cheese, rainbow slaw, seasoned fries £9.50 ~~£8.55~~

CHARGRILLED CHICKEN: £9.25 ~~£8.32~~
Sun blushed tomatoes, rocket, mayo, seasoned fries

FALAFEL & SUNBLUSHED TOMATO HUMMUS WRAP: £9.25 ~~£8.32~~
Rainbow slaw, sweet potato fries

FISH FINGER WRAP: £9.25 ~~£8.32~~
Crispy cod, tartare sauce, salad, seasoned fries

GRAZING DISHES

all £4.00 ~~£3.60~~

HOT & CRISPY CALAMARI, harissa & Lime mayo
CRISPY CHILLI BEEF, sweet chilli & coriander relish
SUN BLUSHED TOMATO & GARLIC HUMMUS, falafels
ITALIAN MEATBALLS, tomato ragu
PORK BELLY, roasted pork belly skewers, apple chutney, crackling
HUMMUS, smoked sweet potato hummus, carrot and cucumber sticks
CHICKEN WINGS, Cumin, ginger, honey and lemon chicken wings

SALADS

BYFORDS HOUSE SALAD Small £7.25 ~~£6.52~~ Large £12.25 ~~£11.02~~
Tomato, cucumber, shallot, heritage carrots, sweet corn, radish, mixed leaves, roasted seeds & house dressing
On its own or for an additional £3.50 ~~£3.15~~
add: chargrilled Chicken • or garlic prawns • or seared salmon • or chilli beef

STEAK AND CHIPS Small £8.95 ~~£8.05~~ Large £14.65 ~~£13.18~~
Our most popular salad, seared prime steak strips, fried new potatoes, honey & mustard dressing, red onion marmalade & leaves

PIZZA All topped with dairy free pizza cheese

SIMPLE: slow cooked tomato ragu, £9.75 ~~£8.78~~

HOT: Slow roast tomato ragu, pepperoni, chorizo, chillies, hot sauce £12.75 ~~£11.25~~

SIMPLE POSH PIZZA + CREATE YOUR OWN

Red peppers, red onions, spinach, mushrooms, olives, chillies £1.00 each ~~90p~~

Prawns, chorizo, parma ham, chicken, pepperoni, sausage, bacon £1.50 each ~~£1.35~~

MAIN COURSES

SWEET & SPICY ½ ROASTED CHICKEN £16.50 ~~£14.85~~
Served with our sticky BBQ sauce, warm potato salad, rainbow slaw, chargrilled corn wheels. Roasted twice a day- when they're gone, they're gone!

PORK CHOP, oven baked pork chop, fruit pig black pudding bubble & squeak cake, chargrilled cabbage, cider gravy £15.50 ~~£13.95~~

SKATE WING Oven baked skate wing, roasted new potatoes, warm fennel, caper, tomato & mussel dressing £15.50 ~~£13.95~~

HOUSE CURRY:
Vegetable V £15.25/~~£13.72~~ • Chicken £16.25/~~£14.62~~ • King prawn £16.25/~~£14.62~~
Medium hot curry, packed full of flavour, served with rice, poppadums, pineapple chutney, cucumber salad

JEARYS BEEF: £16.95 ~~£15.25~~
Seared rump steak, slow cooked steak suet pudding, greens & carrots, shallot jus

PASTA: £12.75 ~~£11.47~~

Roasted tomato, garlic and basil pomadora sauce, linguine, with wild rocket and pesto croute
On its own or for an additional add: £3.50 ~~£3.15~~
Char-grilled chicken breast • or Garlic prawns • or Seared salmon • or Italian Meatballs

DESSERTS

CHARLEY'S DAIRY FREE, STICKY TOFFEE PUDDING with maple syrup £6.75 ~~£6.08~~

CHARLEY'S GLUTEN FREE LEMON DRIZZLE PUDDING with lemon sorbet £6.75 ~~£6.08~~

WARM DAIRY FREE BROWNIE, fresh strawberries, raspberry sorbet £6.75 ~~£6.08~~

Soup Kitchen:

Small
£5.75
Passport
£5.17

All our soups made fresh everyday day using the finest local ingredients possible

Large
£6.75
Passport
£6.08

MONDAY:
Roasted tomato,
garlic and basil

TUESDAY:
Sweet potato &
coconut

WEDNESDAY:
Mushroom &
tarragon

THURSDAY:
Roasted red pepper,
goats cheese & basil

FRIDAY:
Spiced vegetable & bean
minestrone

SATURDAY:
Leek and
potato

SUNDAY:
Carrot and
ginger

WINE

Many of our wines are available in 175ml, 250ml, 500ml carafe and by the 750ml bottle. The larger size looks a bit pricey but please bear in mind this is a third of a bottle of wine! All wines are also available in 125ml measures upon request.

10% PASSPORT DISCOUNT APPLICABLE FOR ALL LISTED DRINKS PRICES

WHITE WINE

DRY, CRISP, FRESH

"Le Havre" Côtes de Gascogne France, Zesty · Refreshing · Grapefruit	£4.95	£7.00	£14.50	£19.00
Pinot Grigio, "San Antonio" Italy Crisp · Pear · Melon	£5.25	£7.00	£15.00	£20.00
Sauvignon Blanc "San Perito" Chile Fresh · Clean · Tropical	£5.50	£7.50	£16.00	£21.00

AROMATIC & HERBACEOUS

Picpoul de Pinet "Grange des Roc's" France Lemon · Lime · Herbal	£6.75	£8.75	£18.00	£25.00
Verdejo "Pagus Nova" Rueda, Arboleda Spain Floral · Peach · Tangerine	£6.50	£8.50	£17.50	£24.00
Sauvignon Blanc "Live Wire" New Zealand Kiwi · Tropical · Citrus	£7.25	£9.75	£20.00	£28.00

FULL FLAVOURED, FRUITY & BIG

Chenin Blanc, William Robertson South Africa Passionfruit · Melon · Honeysuckle	£5.75	£8.00	£16.50	£22.00
Chardonnay Mr Goose Esq Australia Citrus · Pear · Melon	£6.25	£8.25	£17.00	£23.00
Viognier, Quara Estate Argentina Peach · Apricot · Zesty	£6.75	£9.25	£19.00	£26.00

ROSÉ WINE

Shiraz Rosado "Tres Altas" Spain Fresh · Juicy · Strawberries	£5.25	£7.00	£14.50	£20.00
Blush Zinfandel "Twisted House" USA Vanilla · Raspberry · Strawberry	£5.75	£7.50	£15.50	£22.00
Coteaux Aix-En-Provence Rosé Domaine Valfont France Raspberry · Lemon · Orange Zest	£6.75	£8.50	£17.50	£25.00

RED WINE

LIGHTER, JUICY, FRUITY

Garnacha "Monte Oton" Spain Cherries · Bramble · Soft	£4.95	£7.00	£14.50	£19.00
Pinot Noir, "Riviera" France Raspberry · Redcurrant · Cherries	£6.25	£8.25	£17.00	£23.00
Merlot "Karu" Chile Black Cherry · Plum · Juicy	£6.50	£8.50	£17.50	£24.00

FULLER, WARMING & ROUNDED

Shiraz Bushranger Australia Blackberry · Pepper · Spice	£5.25	£7.25	£15.00	£20.00
Rioja, Navajas Spain Raspberry · Black Cherries · Smokey	£6.75	£9.25	£19.00	£26.00
Malbec Reserva Trueno, Los Horaldos Argentina Violet · Black fruit · Vanilla	£7.25	£9.75	£20.00	£28.00

SPICY, INTENSE, CONCENTRATED

Appassimento Rosso IGT Puglia Italy Rich · Dried Plums · Smooth	£5.50	£7.75	£16.00	£21.00
Douro Red "Next Station" Vidigal Portugal Blackcurrant · Chocolate · Moorish	£5.75	£8.00	£16.50	£22.00
Cotes du Rhone "Clavel Regulus" France Red Fruit · Spice · Cocoa	£7.50	£9.95	£20.00	£30.00

SPARKLING WINES

Prosecco Spumanté "La Scarpetta" Italy Light · Pear · Apple	£6.00	£26.00
Organic Rosato Spumanté "Fiori di Bosco" Italy Fresh · Raspberry · Cherries	£6.50	£30.00
Ayala Brut Majeur France Baby Bollinger · Finesse · Complex	£45.00	
Taittinger Brut Reserve France Acacia · Citrus · Honeyed	£55.00	

DESSERT WINE

Muscat Late Harvest, Tabali, Limari Valley, Chile	£5.95	£24.95
Chapelle de Lafaurie Peyraguey Bordeaux, France	£7.25	£28.00

PORT & SHERRY

Dona Matilde Finest Reserve Port	50ml	100ml	£5.15
Dona Matilde Colheita Port			£5.15
Croft			£3.95

COGNAC

Martell VS	single	double	£3.25	£5.95
Martell VSOP			£3.95	£7.25

BEER & CIDER Bottled

Becks Drive (below 0.05%)	£4.25
Corona 4.5%	£4.25
Peroni 5.1%	£4.75
Wherry 3.8%	£4.75
Adnams Suffolk Bitter 4.1%	£4.75
Yetman's Bitter 4.2%	£4.75
Aspall's Suffolk Cyder 5.5%	£4.75
Rekorderlig Cider	£5.75

PLEASE SEE OUR DRINKS SPECIALS MENU FOR MORE EXCITING BEVERAGES!

Juice and Soft Drinks

Fresh orange juice	£3.15	£2.83
St Clement's:	£3.50	£3.15
Fresh orange juice with a hint of lemon and sugar syrup		
Real lemonade:	£3.00	£2.70
Cucumber lemonade:	£3.00	£2.70
Real lemonade, bitter lemon, cucumber slices		
Fresh apple juice	£2.75	£2.47
Cranberry juice	£2.25	£2.02
Byfords' fusion:	£3.50	£3.15
<i>Fresh orange juice mixed with cranberry juice & dash of elderflower</i>		
Pepsi, Diet Pepsi, lemonade	£3.00	£2.70
Ginger beer	£3.50	£3.15

Byfords Homemade

Cordials

All served on ice with a slice and sparkling water
 £3.25 **£2.92** With Prosecco £5.95 **£5.35**
 Fruits of the forest · Orange and Passion fruit or Elderflower

MINERAL WATER Still or sparkling
 330ml £2.50 **£2.25**, 750ml £3.75 **£3.37**

GELATO SHAKES

£4.00 **£3.60**
 We make our own gelato, Italian style ice cream, and blend with chilled milk to provide the following flavours:
 Vanilla, Chocolate, Strawberry, Caramel
 With cream and marshmallows £4.75 **£4.27**

Tea & Coffee

LOOSE TEA for 1 £3.00 **£2.70**, for 2 £4.75 **£4.28**

House Tea · Assam · Decaf House Tea
 Early Grey · Gunpowder Green Tea

LOOSE HERBAL & FRUIT TEA

for 1 £3.25 **£2.92**, for 2 £4.95 **£4.45**
 Green rooibos, vanilla & lemongrass
 Rooibos herbal infusion · Camomile herb
 Peppermint · Mixed red berry tisane
 Kiwi & strawberry · Darjeeling

COFFEE Our coffees are available as decaffeinated. Full fat milk used as standard. Please ask if you would like skimmed, soya or almond milk.

	Regular		Huge	
Regular coffee	£2.50	£2.25	£3.35	£3.01
Latte	£3.05	£2.75	£3.85	£3.46
Flat white	£3.20	£2.88		
Espresso	£2.00	£1.80	£3.05	£2.75
Cappuccino	£3.05	£2.75	£3.85	£3.46
Mocha/white mocha	£3.35	£3.01	£4.05	£3.64
...with cream & flake			£4.80	£4.32
Cafetière	£3.05	£2.75	£5.00	£4.50
Syrups:			each 90p	81p
Hazelnut, vanilla, caramel, or gingerbread				

HOT CHOCOLATE

With cream	£4.00	£3.60
With cream and marshmallows	£4.50	£4.05
With cream and flake	£4.50	£4.05
With cream, flake and marshmallows	£5.00	£4.50

WHITE CHOCOLATE

With cream	£4.00	£3.60
With cream and marshmallows	£4.50	£4.05
With cream and flake	£4.50	£4.05
With cream, flake and marshmallows	£5.00	£4.50

BYFORDS HOUSE BLENDS

£4.75 each · **£4.27 each**

