

# BYFORDS VEGETARIAN MENU

## BREAKFAST & BRUNCH

Available 8am-11.30am and until 3pm on Sunday

VEGETARIAN COOKED BREAKFAST: £12.50 ~~£11.25~~

Choice of regular tea, coffee, latte, cappuccino, mocha or hot chocolate (upgrade to a large for £1.00), white or brown toast, Vegetarian sausages, mushrooms, slow roasted tomato, hash brown, beans and your choice of fried, poached or scrambled free range eggs.

OUR STYLE EGGS FLORENTINE £8.75 ~~£7.87~~

Toasted muffin, sautéed flat mushrooms, wilted spinach, poached eggs, herbed hollandaise sauce

YOGHURT £5.25 ~~£4.73~~

Topped with our granola, with fruit salad or fruit compote

FREE RANGE OMELETTES £7.25 ~~£6.53~~

Cheese & Chive · Mushroom, pepper, red onion, spinach

SMASHED AVOCADO WITH CHILLI, on your choice of toast with scrambled or poached egg £9.50 ~~£8.55~~

## SANDWICHES 8am-5.30pm

POSH CHEESE ON TOAST: £8.75 ~~£7.87~~

Chunky hand cut toast, topped with 2 of our favourite local cheeses, Binham Blue and Wells Alpine, served with chutney and salad

FALAFEL WRAP\* £9.25 ~~£8.33~~

Sun blushed tomato & garlic hummus, rainbow slaw, with sweet potato fries

VEGGIE SAUSAGE BRIOCHE SUB £8.95 ~~£8.05~~

Sliced tomato, mustard, seasoned fries & onion rings

OUR STYLE EGGS FLORENTINE £8.75 ~~£7.87~~

Toasted muffin, sautéed flat mushrooms, wilted spinach, poached eggs, herbed hollandaise sauce

Small  
£5.75  
Passport  
£5.17

### Soup Kitchen:

All our soups made fresh everyday day using the finest local ingredients possible

Large  
£6.75  
Passport  
£6.08

<p><b>MONDAY:</b> Roasted tomato, garlic and basil</p>	<p><b>TUESDAY:</b> Sweet potato &amp; coconut</p>	<p><b>WEDNESDAY:</b> Mushroom &amp; tarragon</p>	<p><b>THURSDAY:</b> Roasted red pepper, goats cheese &amp; basil</p>
<p><b>FRIDAY:</b> Spiced vegetable &amp; bean minestrone</p>	<p><b>SATURDAY:</b> Leek and potato</p>	<p><b>SUNDAY:</b> Carrot and ginger</p>	

## GRAZING DISHES

A selection of dishes you can mix and match, ideal as a starter for one or for sharing between friends, though you might want to keep them all to yourself!

PIZZA BASE GARLIC BREAD, with cheddar and mozzarella £5.50 ~~£4.95~~

SUNBLUSHED TOMATO & GARLIC HUMMUS, falafels\* £4.00 ~~£3.60~~

A SELECTION OF OUR OWN MADE BREADS, with balsamic & oil\* £4.00 ~~£3.60~~

MOZZARELLA DOUGH BALLS, garlic butter £4.00 ~~£3.60~~

CROSTINI, fresh fig & whipped goats cheese crostini, balsamic syrup £4.00 ~~£3.60~~

HUMMUS, smoked sweet potato hummus, carrot and cucumber sticks £4.00 ~~£3.60~~

## SHARING PLATTERS *with toasted focaccia.*

£9.25 ~~£8.32~~ for 1 £17.50 ~~£15.75~~ for 2

ANTI-PASTI\*: Sun blushed tomato & garlic hummus, falafels, goats cheese fritters, anti pasti, rainbow slaw

LOCAL CHEESE: Wells Alpine, Binham Blue, Baron Bigod Brie, served with grapes, celery and fruit cake

## PIZZA *Hand-thrown, thin-crust authentic pizza base.*

SIMPLE\*: Mozzarella & tomato, with our slow cooked tomato ragu £9.75 ~~£8.78~~

MEDITERRANEAN\*: Slow cooked tomato ragu, roasted red peppers, red onions, black olives, spinach, feta & mozzarella £12.75 ~~£11.47~~

HOT\*: Slow cooked tomato ragu, buffalo mozzarella, veggie sausages, chillies, rocket £12.75 ~~£11.47~~

## MAIN COURSES

CHILLI, GARLIC AND BLACK BEAN BURGER £14.95 ~~£13.45~~  
chargrilled haloumi, smashed avocado, toasted brioche bun, fennel slaw & sweet potato fries

OUR INFAMOUS HOUSE CURRY\* £15.75 ~~£14.17~~

Medium hot curry, packed full of flavour, served with rice, handmade naan, pineapple chutney and cucumber raita

OVEN BAKED GNOCCHI, wild mushrooms, roasted cauliflower, parmesan & herb cream, pangritata £14.95 ~~£13.45~~

WILD MUSHROOM & TOMATO LINGUINE\* £14.95 ~~£13.45~~

Topped with torn buffalo mozzarella, with a pesto croute & wild rocket

MUSHROOM, LENTIL & WALNUT WELLINGTON, served £13.50 ~~£12.15~~

with roasted new potatoes, wilted greens and mushroom cream

BYFORDS HOUSE SALAD\* £12.25 ~~£11.02~~

Tomato, cucumber, shallot, carrots, sweet corn,

radish, mixed leaves, roasted seeds & house dressing

Add chargrilled haloumi for an additional £3.50 ~~£3.15~~

CHEESE & LEEK PASTY £10.00 ~~£9.00~~

Served with mash, greens and vegetarian gravy

## DESSERTS

LEMON TART, lemon brulee tart, passion fruit, clotted cream £6.75 ~~£6.08~~

BANANA & PECAN CAKE, Caramelised banana and pecan upside down cake, vanilla gelato £6.75 ~~£6.08~~

SPOTTED DICK, steamed spotted dick, lemon syrup with a choice of custard, cream or vanilla gelato £6.75 ~~£6.08~~

## CHEESECAKES

BAKED VANILLA CHEESECAKE, poached seasonal fruits, vanilla gelato £6.75 ~~£6.08~~

DOUBLE CHOCOLATE CHEESECAKE, vanilla gelato chocolate syrup

ASSIETTE OF BYFORDS SWEET TREATS £9.95 ~~£8.95~~

A little taste of Byfords desserts

## OUR GELATO SUNDAES

£7.25 ~~£6.52~~

BYFORDS MESS,

Poached seasonal fruit compote, whipped cream, meringue, vanilla gelato

BANOFFEE SUNDAE,

Caramel and Banana gelato, fresh banana, shortbread pieces, proper condensed milk toffee, lashings of whipped cream and dark chocolate shavings

CHOCOLATE SUNDAE,

Vanilla & chocolate gelato, dark chocolate syrup, brownie pieces, whipped cream, dark chocolate shards

BYFORDS BAKEWELL SUNDAE- vanilla & Bakewell gelato, Bakewell pieces,

vanilla custard, cream & flaked almonds

## GELATO

1 scoop £2.50/~~£2.25~~ · 2 scoops £4.50/~~£4.05~~ · 3 scoops £5.95/~~£5.36~~

Vanilla, Chocolate, Strawberry, Banana, Caramel, Raspberry sorbet,

Lemon sorbet, Orange sorbet

## MAKE YOUR OWN GELATO SUNDAES

GELATO: Choose from selection above per scoop £2.50 ~~£2.25~~

CAKE AND BITS: Shortbread, Flapjack, Brownie, each £1.25 ~~£1.13~~

Meringue

SAUCE: Chocolate syrup, caramel sauce, each 75p ~~65p~~

Condensed milk toffee, Maple syrup

FRUIT BITS: Poached seasonal fruits, Banana, each £1.25 ~~£1.13~~

Fresh fruit salad

\*Dishes marked with a star are also suitable for vegans, please tell your server when ordering that you are vegan so we make sure no animal products come in contact with your food. Free wifi server: byfords password: byfords247

# WINE

Many of our wines are available in 175ml, 250ml, 500ml carafe and by the 750ml bottle. The larger size looks a bit pricey but please bear in mind this is a third of a bottle of wine! All wines are also available in 125ml measures upon request.

**10% PASSPORT DISCOUNT APPLICABLE FOR ALL LISTED DRINKS PRICES**

## WHITE WINE 175ml 250ml Carafe Bottle

### DRY, CRISP, FRESH

"Le Havre" Côtes de Gascogne   France, Zesty · Refreshing · Grapefruit	£4.95	£7.00	£14.50	£19.00
Pinot Grigio, "San Antonio" Italy   Crisp · Pear · Melon	£5.25	£7.00	£15.00	£20.00
Sauvignon Blanc "San Perito" Chile   Fresh · Clean · Tropical	£5.50	£7.50	£16.00	£21.00

### AROMATIC & HERBACEOUS

Picpoul de Pinet "Grange des Roc's" France   Lemon · Lime · Herbal	£6.75	£8.75	£18.00	£25.00
Verdejo "Pagus Nova" Rueda, Arboleda Spain   Floral · Peach · Tangerine	£6.50	£8.50	£17.50	£24.00
Sauvignon Blanc "Live Wire" New Zealand   Kiwi · Tropical · Citrus	£7.25	£9.75	£20.00	£28.00

### FULL FLAVOURED, FRUITY & BIG

Chenin Blanc, William Robertson South Africa   Passionfruit · Melon · Honeysuckle	£5.75	£8.00	£16.50	£22.00
Chardonnay Mr Goose Esq Australia   Citrus · Pear · Melon	£6.25	£8.25	£17.00	£23.00
Viognier, Quara Estate Argentina   Peach · Apricot · Zesty	£6.75	£9.25	£19.00	£26.00

## ROSÉ WINE

Shiraz Rosado "Tres Altas" Spain   Fresh · Juicy · Strawberries	£5.25	£7.00	£14.50	£20.00
Blush Zinfandel "Twisted House" USA   Vanilla · Raspberry · Strawberry	£5.75	£7.50	£15.50	£22.00
Coteaux Aix-En-Provence Rosé Domaine Valfont France   Raspberry · Lemon · Orange Zest	£6.75	£8.50	£17.50	£25.00

## RED WINE

### LIGHTER, JUICY, FRUITY

Garnacha "Monte Oton" Spain   Cherries · Bramble · Soft	£4.95	£7.00	£14.50	£19.00
Pinot Noir, "Riviera" France   Raspberry · Redcurrant · Cherries	£6.25	£8.25	£17.00	£23.00
Merlot "Karu" Chile   Black Cherry · Plum · Juicy	£6.50	£8.50	£17.50	£24.00

### FULLER, WARMING & ROUNDED

Shiraz Bushranger Australia   Blackberry · Pepper · Spice	£5.25	£7.25	£15.00	£20.00
Rioja, Navajas Spain   Raspberry · Black Cherries · Smokey	£6.75	£9.25	£19.00	£26.00
Malbec Reserva Trueno, Los Horaldos Argentina   Violet · Black fruit · Vanilla	£7.25	£9.75	£20.00	£28.00

### SPICY, INTENSE, CONCENTRATED

Appassimento Rosso IGT Puglia Italy   Rich · Dried Plums · Smooth	£5.50	£7.75	£16.00	£21.00
Douro Red "Next Station" Vidigal Portugal   Blackcurrant · Chocolate · Moorish	£5.75	£8.00	£16.50	£22.00
Cotes du Rhone "Clavel Regulus" France   Red Fruit · Spice · Cocoa	£7.50	£9.95	£20.00	£30.00

## SPARKLING WINES 125ml bottle

Prosecco Spumanté "La Scarpetta" Italy   Light · Pear · Apple	£6.00	£26.00
Organic Rosato Spumanté "Fiori di Bosco" Italy   Fresh · Raspberry · Cherries	£6.50	£30.00
Ayala Brut Majeur France   Baby Bollinger · Finesse · Complex	£45.00	
Taittinger Brut Reserve France   Acacia · Citrus · Honeyed	£55.00	

## DESSERT WINE 100ml bottle

Muscat Late Harvest, Tabali, Limari Valley, Chile	£5.95	£24.95
Chapelle de Lafaurie Peyraguey Bordeaux, France	£7.25	£28.00

## PORT & SHERRY 50ml 100ml

Dona Matilde Finest Reserve Port	£5.15	
Dona Matilde Colheita Port	£5.15	
Croft	£3.95	

## COGNAC single double

Martell VS	£3.25	£5.95
Martell VSOP	£3.95	£7.25

## BEER & CIDER Bottled

Becks Drive (below 0.05%)	£4.25
Corona 4.5%	£4.25
Peroni 5.1%	£4.75
Wherry 3.8%	£4.75
Adnams Suffolk Bitter 4.1%	£4.75
Yetman's Bitter 4.2%	£4.75
Aspall's Suffolk Cyder 5.5%	£4.75
Rekorderlig Cider	£5.75

**PLEASE SEE OUR DRINKS SPECIALS MENU FOR MORE EXCITING BEVERAGES!**

## Juice and Soft Drinks

Fresh orange juice	£3.15	£2.83
St Clement's:	£3.50	£3.15
Fresh orange juice with a hint of lemon and sugar syrup		
Real lemonade:	£3.00	£2.70
Cucumber lemonade:	£3.00	£2.70
Real lemonade, bitter lemon, cucumber slices		
Fresh apple juice	£2.75	£2.47
Cranberry juice	£2.25	£2.02
Byfords' fusion:	£3.50	£3.15
<i>Fresh orange juice mixed with cranberry juice &amp; dash of elderflower</i>		
Pepsi, Diet Pepsi, lemonade	£3.00	£2.70
Ginger beer	£3.50	£3.15

## Byfords Homemade

### Cordials

All served on ice with a slice and sparkling water  
 £3.25 **£2.92** With Prosecco £5.95 **£5.35**  
 Fruits of the forest · Orange and Passion fruit or Elderflower

**MINERAL WATER** Still or sparkling  
 330ml £2.50 **£2.25**, 750ml £3.75 **£3.37**

### GELATO SHAKES £4.00 £3.60

We make our own gelato, Italian style ice cream, and blend with chilled milk to provide the following flavours: Vanilla, Chocolate, Strawberry, Caramel  
 With cream and marshmallows £4.75 **£4.27**

## Tea & Coffee

**LOOSE TEA** for 1 £3.00 **£2.70**, for 2 £4.75 **£4.28**

House Tea · Assam · Decaf House Tea  
 Early Grey · Gunpowder Green Tea

### LOOSE HERBAL & FRUIT TEA

for 1 £3.25 **£2.92**, for 2 £4.95 **£4.45**  
 Green rooibos, vanilla & lemongrass  
 Rooibos herbal infusion · Camomile herb  
 Peppermint · Mixed red berry tisane  
 Kiwi & strawberry · Darjeeling

**COFFEE** Our coffees are available as decaffeinated. Full fat milk used as standard. Please ask if you would like skimmed, soya or almond milk.

	Regular		Huge	
Regular coffee	£2.50	<b>£2.25</b>	£3.35	<b>£3.01</b>
Latte	£3.05	<b>£2.75</b>	£3.85	<b>£3.46</b>
Flat white	£3.20	<b>£2.88</b>		
Espresso	£2.00	<b>£1.80</b>	£3.05	<b>£2.75</b>
Cappuccino	£3.05	<b>£2.75</b>	£3.85	<b>£3.46</b>
Mocha/white mocha	£3.35	<b>£3.01</b>	£4.05	<b>£3.64</b>
...with cream & flake			£4.80	<b>£4.32</b>
Cafetière	£3.05	<b>£2.75</b>	£5.00	<b>£4.50</b>
Syrups:			each 90p	<b>81p</b>
Hazelnut, vanilla, caramel, or gingerbread				

### HOT CHOCOLATE

With cream	£4.00	<b>£3.60</b>
With cream and marshmallows	£4.50	<b>£4.05</b>
With cream and flake	£4.50	<b>£4.05</b>
With cream, flake and marshmallows	£5.00	<b>£4.50</b>

### WHITE CHOCOLATE

With cream	£4.00	<b>£3.60</b>
With cream and marshmallows	£4.50	<b>£4.05</b>
With cream and flake	£4.50	<b>£4.05</b>
With cream, flake and marshmallows	£5.00	<b>£4.50</b>

## BYFORDS HOUSE BLENDS £4.75 each · **£4.27 each**

