



**BYFORDS**

# BYFORDS DAIRY FREE MENU

Here at Byfords we ensure we take the upmost care in producing dairy free dishes, however they are prepared in an area containing dairy products.

## BRUNCH

AVAILABLE 8AM- 2:30PM • 7 DAYS A WEEK

**COOKED BREAKFASTS** £12.75 **£11.48**  
Choice of regular tea, coffee, latte cappuccino, mocha or hot chocolate (upgrade to large for £1), white, brown or granary toast and one of the following:

**BYFORDS:** Fried, poached or scrambled egg, smoked back bacon, sausage, slow roast tomato, mushrooms, black pudding, baked beans & hash brown

**VEGGIE** Fried, poached or scrambled egg, vegetarian sausages, slow roast tomato, mushrooms, baked beans & hash brown

**SKINNY** Scrambled or poached egg, smashed avocado, wilted spinach, slow roast tomato, mushrooms & beans

**FREE RANGE EGGS, ON TOASTED ENGLISH MUFFIN**

**BENEDICT:** small: £5:25 **£4:73** large: £10:00 **£9:00**  
Our own roast ham, wilted spinach, poached eggs

**ARLINGTON:** small: £5:25 **£4:73** large: £10:00 **£9:00**  
Smoked salmon, with wilted spinach, poached eggs

**SMASHED AVOCADO:** small: £5:25 **£4:73** large: £10:00 **£9:00**  
With fresh chilli, cherry tomatoes, scrambled or poached eggs

## SANDWICHES

**FISH FINGER WRAP:** £9.75 **£8.78**  
Crispy cod, tartare sauce, salad, flour tortilla, fries

**CHARGRILLED CHICKEN:** £9.50 **£8.55**  
Sliced white bread, chargrilled chicken breast, sun-blushed tomatoes rocket, mayo, seasoned

**FALAFEL & HUMMUS:** £9.75 **£8.78**  
Sun blushed falafel & humus, tortilla wrap, rainbow slaw with sweet potato fries

**HOG BAGUETTE:** £10.00 **£9.00**  
Sliced roast pork, stuffing, gravy, apple sauce & seasoned fries

**FREE RANGE OMELETTES:** £8.00 **£7.20**  
Smoked haddock  
Mushroom, red pepper, red onion & spinach

**FULL ENGLISH OMELETTE:** £9.95 **£8.96**  
Bacon, sausage, black pudding, tomato, mushroom

**BRUNCH PIZZA:** Tomato ragu, sausage, bacon, £12.95 **£11.65**  
baked beans, mushrooms black pudding, dairy free cheese & topped with a fried egg

**CLEY SMOKED KIPPER** Cley's finest on the coast with £12.75 **£11.48**  
slow roast tomato, lemon, parsley & toast

**BACON, SAUSAGE (OR BOTH) SARNIE** £6.95 **£6.26**  
served on white bread, with dairy free spread

**TOAST:** 2 slices of either white brown or granary- served £3.75 **£3.38**  
with dairy free spread & your choice of marmalade

## SOUP KITCHEN

Everyday we serve tomato & basil plus a daily special - with either the choice of toasted focaccia as standard, or a half or full sandwich from the section below. All our soups are suitable for vegetarians & contain no gluten or dairy products

**SOUP AS IT COMES:** £6.50 **£5.85** **SOUP & HALF SANDWICH:** £9.95 **£8.96**  
**SOUP & FULL SANDWICH:** £11.65 **£10.48**

**SOUP SPECIALS:**

Monday: Mushroom & Tarragon

Friday: Spiced Carrot & Coriander

Tuesday: Sweet Potato & Coconut

Saturday: Chunky Vegetable & Red Lentil

Wednesday: French Onion

Sunday: Leek & Potato

Thursday: Vegetable & Herb Minestrone

## Afternoon Tea Served 2.30pm - 5pm

Our afternoon tea features traditional finger sandwiches, scrumptious scones with clotted cream and jam, delicious cakes and a choice of tea or coffee (or if you're feeling indulgent add in a glass of fizz!)

**Classic**  
£18.50 for 1 | **£34.00 for 2**

**Champagne**  
£27.00 for 1 | **£48.00 for 2**

Available  
by booking  
only  
24-hours notice



## BYFORDS STONE BAKED PIZZA Served from 12-9pm

ALL TOPPED WITH DAIRY FREE PIZZA CHEESE

**SIMPLE:** Slow cooked tomato ragu £10:25 **£9.23**

**HOT:** Slow roast tomato ragu, pepperoni £12.95 **£11.65**  
chillies, hot sauce

**CREATE YOUR OWN PIZZA** Simple + toppings below £10:25 **£9.23**  
Red peppers, red onions, spinach, mushrooms, sweetcorn, olives,  
chillies all £1.10 each **99p each**

Prawns, Parma ham, artichoke, sausage, all £1.60 each **£1.44 each**  
bacon, chargrilled veg, chicken, meatballs

## EVENING DISHES

SERVED FROM 5PM- 9PM

**GRAZINGS** each £4.30 **£3.87**

**CALAMARI,** harissa & lime mayo

**CRISPY COD FISH FINGERS,** tartare sauce, lemon

**CRISPY BEEF,** sweet chilli relish, spring onion, sesame falafel, hummus, olives

**SCOTCH EGG,** garlic mayo

**PORK & FENNEL MEATBALLS,** tomato ragu, dairy free cheese

**CRISPY COCONUT PRAWNS,** ginger & chilli dip

**SALTY SMOKED CHICKEN WINGS,** smashed avocado & herb dip

## MAIN COURSES

**BYFORDS HOUSE CURRY:** Medium spiced curry £16.50 **£14.85**  
with Basmati rice, poppadom, mango & pineapple chutney, onion salad.  
Your choice of chicken, vegetable or king prawn

**TOMATO LINGUINE:** Slow cooked tomato & basil ragu, £14.50 **£13.05**  
sunblushed tomato, linguine, fresh basil

**JEARYS BEEF,** Seared rump steak, slow cooked brisket pie, £17.25 **£15.52**  
glazed veg, ale gravy

**SLOW COOKED DUCK RAGU,** with seared duck breast, linguine, £16.95 **£15.26**  
spinach & toasted focaccia

**CRISPY PORK BELLY,** Wholegrain mustard mash, £16.50 **£14.85**  
red cabbage, bacon jam, ale gravy

**PAN FRIED SEABREAM FILLET,** Lemon & olive oil crushed £16.25 **£14.83**  
potatoes, wilted greens, caper prawn & herb dressing

**BYFORDS MOULES FRITES,** Fresh mussels, cooked in £15.50 **£13.95**  
white wine, shallots & oat cream, served with focaccia & seasoned fries

## DESSERTS

each £6.95 **£6.25**

**WARM DAIRY FREE BROWNIE:** Raspberry sorbet, maple roasted nuts

**LAURIE'S DAIRY FREE STICKY TOFFEE PUDDING:** With maple syrup

**LAURIE'S LEMON DRIZZLE PUDDING:** With lemon sorbet

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