

Byfords 3-2-1 dinner menu

Allergens

Grazers

Goat's cheese, spinach & filo sigara £6.95 | £6.26

With hot honey, pickled chilli & toasted sesame

Ingredients: Goat's cheese, cream cheese, filo pastry, spinach, chilli, sweet chilli sauce

Allergens: Milk, Gluten, Soy (fried in Soy oil)

Lamb, mint & red onion croquettes £7.25 | £6.53

Rosemary & tzatziki

Ingredients: Lamb leg and mince, red onion, white onion, rosemary, thyme, goat's cheese, butter, plain flour, panko breadcrumbs, eggs, Greek yoghurt, cucumber, dried rosemary, fresh rosemary, garlic, salt, pepper

Allergens: Gluten, Milk, Soy (fried in Soy oil), Egg

Rustic potted pork £6.75 | £6.08

Wholegrain mustard, homemade pickles, toasted sourdough

Ingredients: Pork belly, wholegrain mustard, salt, pepper, sage, apple sauce, white wine vinegar, sugar, cucumber, flour

Allergens: Mustard, Sulphites, Gluten

Hot & crispy calamari £6.25 | £5.63

Harissa & lime mayo

Ingredients: Squid tubes, gluten-free flour, salt, pepper, cayenne pepper, Cajun powder, rose harissa pate, lime, mayonnaise

Allergens: Fish, Soy, fried in Soy oil

Cod fish fingers £6.25 | £5.63

Tartare sauce & lemon

Ingredients: Fresh cod, flour, lager, mayonnaise, capers, parsley, lemon, salt, pepper

Allergens: Gluten, Fish, Soy, fried in Soy oil

Crispy beef £6.25 | £5.63

Sweet chilli relish, spring onion & sesame

Ingredients: Beef, sweet chilli sauce, fresh chillies, spring onion, black sesame seeds, white sesame seeds, gluten-free flour, cornflour, Cajun blackening spice, paprika

Allergens: Sesame, Soy, fried in Soy oil

Smoked mackerel pate £6.25 | £5.63

Focaccia, cucumber & caperberry

Ingredients: Smoked mackerel, cream cheese, lemon, parsley, salt, pepper, flour, pomace

oil, **soy oil**, rosemary, fresh yeast, cucumber, caperberry, vinegar

Allergens: Gluten, Fish, Milk, Sulphites

Ham hock & parsley scotch egg £6.00 | £5.40

Garlic mayo

Ingredients: **Pork sausage meat (containing Gluten)**, ham hock, caper, parsley, **egg, flour, breadcrumbs, mayonnaise (containing Mustard)**, parsley, garlic, salt, pepper

Allergens: Gluten, Egg, Mustard, Soy, fried in Soy oil, Sulphites

Tear & share basil, garlic & thyme bread £6.95 | £6.26

Homemade herb butter, oil & balsamic

Ingredients: Bread: **Bread flour, yoghurt, eggs**, yeast, sugar, salt, garlic, basil, thyme. Herb Butter: **Butter**, basil, parsley, chive, **balsamic vinegar**, pomace oil

Allergens: Milk, Egg, Gluten, Sulphites

Platters

Store platter £15.00

Chorizo, parma ham, warm scotch egg, Binham Blue, Norfolk Dapple, antipasti

Ingredients: **Binham Blue, Norfolk Dapple, chorizo, Parma ham**, black olives, green olives, **balsamic vinegar**, onion, sundried tomato, rosemary, garlic, **flour**, pomace oil, **soy oil**, rosemary, fresh yeast, **Pork sausage meat (containing Gluten)**, ham hock, caper, parsley, **egg, breadcrumbs, mayonnaise**, garlic, salt, pepper

Allergens: Gluten, Egg, Milk, Mustard, Soy, scotch egg fried in Soy oil, Sulphites

Seafood platter £17.00

Crispy calamari, fish fingers, seafood cocktail, smoked mackerel pate, tartare sauce

Ingredients: **Fresh cod, flour, lager, mayonnaise**, capers, parsley, lemon, salt, pepper, **calamari, smoked salmon, king prawn, Smoked mackerel, cream cheese**, salt, pepper, **flour**, pomace oil, **soy oil**, rosemary, fresh yeast, cucumber, caperberry, vinegar, **mayonnaise**, ketchup, garlic, cayenne pepper, Cajun spice

Allergens: Gluten, Egg, Fish, Milk, Soy, hot items fried in Soy oil, Sulphites

Cheese platter £15.00

Norfolk Dapple, Binham Blue, Copys Cloud, celery, chutney, crackers, grapes

Ingredients: **Norfolk Dapple, Binham Blue, brie**, grapes, **celery**, apple & mint chutney (apple, mint, **vinegar**, sugar, raisins), **crackers, focaccia, flour**, yeast, pomace oil, **soy oil**, rosemary, salt

Allergens: Celery, Gluten, Milk, Sulphites

Sides

Dressed house salad £4.50 | £4.15

Ingredients: Mixed leaves, carrot, tomato, cucumber, red onion, **mustard**, **white wine vinegar**, orange juice, honey, pomace oil

Allergens: Celery, Mustard, Soy, Sulphites

Crispy red onion rings £4.25 | £3.83

Ingredients: Red onion, **flour**, **lager**, salt, pepper

Allergens: Gluten, Soy

Spicy carrot slaw £4.25 | £3.83

Ingredients: Cabbage, carrot, red onion, **mayonnaise**, salt, pepper

Allergens: Egg, Mayonnaise may have traces of Nuts and Mustard

Skin-on fries £4.25 | £3.83

Ingredients: Skin-on potatoes, **soy oil**, salt

Allergens: Soy, fried in Soy oil

Proper Chunky Chips £4.50 | £4.15

Ingredients: Potato, salt

Allergens: Soy, fried in Soy oil

Mains

Mushroom, blue cheese & spinach pie £21.50 | £19.45

Garlic & rosemary “mushroom” potatoes, Romanesco, peas & Tenderstem tips, black truffle oil

Ingredients: Gluten-free flour, xanthan gum, **butter**, **egg**, onion, **blue cheese**, mushroom, spinach, romanesco, Tenderstem broccoli, black truffle, new potatoes, salt, pepper

Allergens: Milk, Egg

Pan-fried seabass £23.00 | £20.70

Smoked prawn, chorizo & red pepper paella

Ingredients: Seabass, **smoked shell-on prawns**, **chorizo**, olive oil, white onions, smoked paprika, short grain rice, **white wine**, lemon, garlic, red peppers, **king prawns**, spinach

Allergens: Fish, Crustacea, Sulphites, Milk

Seven-day honey-marinated pork chop £21.00 | £18.90

Smoked paprika hasselback potatoes, chargrilled corn, BBQ beer sauce

Ingredients: Pork chop, honey, sage, salt, pepper, brown sugar, smoked paprika, thyme, cayenne pepper, new potatoes, smoked paprika, olive oil, garlic, corn on the cob, onion, **soy oil**, **gluten-free beer**, ketchup, **cider vinegar**, brown sugar, garlic powder, salt, pepper, cayenne pepper, bayleaf

Allergens: Soy, Gluten

The “Messy Mackenzie” Burger £21.00 | £18.90

Double-stacked beef burgers, homemade burger sauce, cheese, pickles, bacon, all the trimmings, in a homemade sesame roll, seasoned fries, onion rings, blue cheese & chive slaw

Ingredients: Beef mince, pork mince, tomato puree, garlic powder, salt, pepper, onion powder, **mayonnaise, ketchup, American mustard**, diced pickle, **burger cheese slices, bacon**, mixed leaf, tomato, **potato fries, bread flour, sesame seeds, yoghurt, egg yolk**, yeast, sugar, salt, onion, gluten-free flour, garlic powder, **white wine vinegar**, onion powder, carrot, onion, cabbage, spring onions, red onions, **stilton, mayonnaise**, chives, salt, pepper

Allergens: Gluten, Mustard, Milk, Sesame, Egg, Sulphites

Miso salmon & sticky rice bowl £21.50 | £19.35

Sesame leeks, spring onion, soy beans, pickled ginger, teriyaki sauce

Ingredients: **Salmon**, jasmine rice, leeks, **sesame oil, sesame seeds, soy beans**, ginger, salt, sugar, **teriyaki sauce**, pea shoots, radishes

Allergens: Fish, Sesame, Soy

Vegetable Curry £18.75 | £16.87

Ingredients: White rice, **coconut cream**, onion, red/green/yellow pepper, courgette, **flour, yoghurt**, mixed herbs, yeast, **egg**, pineapple, cucumber, brown sugar, mint, cumin, coriander seed, turmeric, black pepper, ginger, garlic, cornflour, tinned tomatoes, salt, spinach

Allergens: Gluten (in Naan), Egg, Milk

Chicken Curry £19.50 | £17.55

Ingredients: White rice, **coconut cream**, onion, red/green/yellow pepper, courgette, **flour, yoghurt**, mixed herbs, yeast, **egg**, pineapple, cucumber, brown sugar, mint, cumin, coriander seed, turmeric, black pepper, ginger, garlic, cornflour, tinned tomatoes, salt, chicken

Allergens: Gluten (in Naan), Egg, Milk

King Prawn Curry £19.50 | £17.55

Ingredients: White rice, **coconut cream**, onion, red/green/yellow pepper, courgette, **flour, yoghurt**, mixed herbs, yeast, **egg**, pineapple, cucumber, brown sugar, mint, cumin, coriander seed, turmeric, black pepper, ginger, garlic, cornflour, tinned tomatoes, salt, **king prawns**

Allergens: Crustacea, Fish, Gluten (in Naan), Egg, Milk

The Byfords Salad Plate £18.50 | £16.65

Creamy potato salad, marinated chargrilled vegetable & superfood salads, choice of chicken, roasted salmon fillet, or marinated halloumi

Ingredients: Couscous, sweet potato, lime, chili, 5 bean salad, avocados, kale, quinoa, smoked paprika, **pumpkin seed, sunflower seeds, white sesame seeds**, spring onion, red onion, potato, chives, gherkins, **mayonnaise, sour cream**, mixed peppers, aubergine, courgette, basil, garlic, **pine nuts, parmesan**, sun-blushed tomatoes, **chicken, halloumi, salmon**

Allergens: Celery, Egg, Milk, Mustard, Sesame, Sunflower seeds, Pumpkin seeds, Soy, Sulphites

Stone Baked Pizzas

Simple Pizza £14.00 | £12.60

Slow-cooked tomato ragu, mozzarella, cheddar cheese

Ingredients: Bread flour, yeast, **soy oil**, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, **balsamic vinegar**, mixed Italian herbs, **mozzarella**, **cheddar**

Allergens: Gluten, Milk, Sulphites

Italian Chicken Pizza £16.25 | £14.63

Chicken, parma ham, olives, spinach, mozzarella

Ingredients: Bread flour, yeast, **soy oil**, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, **balsamic vinegar**, mixed Italian herbs, **mozzarella**, **cheddar**, **chicken**, **Parma ham**, black olives, spinach

Allergens: Gluten, Milk, Sulphites

Hot Pizza £16.25 | £14.63

Chorizo, shredded buffalo wings, fresh chillis, blue cheese dip

Ingredients: Bread flour, yeast, **soy oil**, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, **balsamic vinegar**, mixed Italian herbs, **mozzarella**, **cheddar**, **blue cheese**, **yoghurt**, **mayonnaise**, sriracha, **chorizo**, **pepperoni**, red chilli, green chilli, **chicken**, hot sauce

Allergens: Gluten, Milk, Sulphites

Farmhouse Pizza £16.25 | £14.63

Bacon, sausage, baked beans, black pudding, mushroom, mozzarella topped with a fried egg

Ingredients: Bread flour, yeast, **soy oil**, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, **balsamic vinegar**, mixed Italian herbs, **mozzarella**, **cheddar**, **bacon**, **sausage**, **baked beans**, **black pudding**, **egg**

Allergens: Gluten, Egg, Milk, Sulphites

Goat's Cheese Pizza £16.25 | £14.63

Crumbled goat's cheese, chargrilled Mediterranean vegetables, rocket, onion marmalade, mozzarella, toasted pine nuts

Ingredients: Bread flour, yeast, **soy oil**, sugar, salt, tinned tomatoes, garlic, onion, brown sugar, **balsamic vinegar**, mixed Italian herbs, **mozzarella**, **cheddar**, **goat cheese**, rocket, **pine nuts**, aubergine, courgette, red pepper, green pepper, yellow pepper, red onion, brown sugar

Allergens: Gluten, Milk, Sulphites, Seeds, Nuts (pine nuts)

Spicy Pepperoni Pizza £16.25 | £14.63

Pepperoni, burrata, crispy shallot & hot honey

Ingredients: Flour, yeast, **soy oil**, salt, sugar, brown sugar, tinned tomatoes, onion, garlic, thyme, **balsamic vinegar**, rosemary, basil, **cheddar**, **mozzarella**, **pepperoni**, hot honey, **burrata**, shallots, **semolina**

Allergens: Gluten, Milk, Soy, Sulphites

Desserts

Blackberry & Apple Crumble £9.00 | £8.10

Served with vanilla gelato or proper custard

Ingredients: Gluten-free flour, gluten-free oats, **butter**, **milk**, vanilla, sugar, apple, blackberry

Allergens: Milk

Chocolate & Orange Frangipane Slice £9.00 | £8.10

Orange curd, chocolate cream, crushed pistachio

Ingredients: **Butter**, sugar, **eggs**, baking powder, almond essence, **ground almonds**, cocoa powder, **plain flour**, orange extract, orange zest, icing sugar, **egg yolk**, **flaked almonds**, **cream**, **chocolate**, marmalade, orange juice, agar agar, **pistachio**

Allergens: Nuts (almonds and pistachio), Milk, Gluten, Soy

Bakewell Sundae £9.00 | £8.10

Bakewell gelato, bakewell pieces, custard, jam, whipped cream, cherry on top

Ingredients: **Bakewell gelato**, **milk**, custard powder, **cream**, sugar, **flour**, **egg**, **ground almonds**, **butter**, **kirsch-soaked cherries**, cherry jam

Allergens: Milk, Nuts (almond), Gluten, Egg

Homemade Cherry Pie £9.00 | £8.10

Served with vanilla gelato

Ingredients: **Flour**, **butter**, **egg**, sugar, cherries, **milk**, arrowroot, cherry delipaste

Vanilla gelato: **Whole milk**, **double cream**, caster sugar, dextrose powder, neutron sp, **semi-skimmed milk powder**

Allergens: Milk, Egg, Gluten

Toffee & Pecan Cheesecake £9.00 | £8.10

Served with caramel gelato and candied pecans

Ingredients: **Cream cheese**, **digestive biscuit**, **butter**, **pecans**, brown sugar, maple syrup, leaf gelatine, **cream**, **milk**

Allergens: Gluten, Egg, Milk, Nuts (pecan)

Double Chocolate Cheesecake £9.00 | £8.10

Served with chocolate sauce and chocolate gelato

Ingredients: **Cream cheese**, **digestive biscuit**, **butter**, **dark chocolate**, **cream**, sugar, **milk**

Allergens: Gluten, Egg, Milk

Byfords Classic Banoffee Sundae £9.00 | £8.10

Banana, shortbread pieces, caramel & banana gelato, whipped cream

Ingredients: Banana, **flour**, sugar, **butter**, brown sugar, **cream**, **milk**, banana flavouring, caramel flavouring

Allergens: Gluten, Milk

Byfords Mess £9.00 | £8.10

Blueberry compote, meringue pieces, whipped cream, vanilla gelato

Ingredients: Egg, sugar, cream, milk, vanilla, blueberries, lemon, cornflour

Allergens: Egg, Milk